Talking with Voices

A 2-day workshop facilitated by Rufus May and Elisabeth Svanholmer

**When:** Sat and Sun 5th – 6th of Oct 2019
10am – 4pm both days

**Where:** Mezzanine, The Birchcliffe Centre
Birchcliffe road, Hebden Bridge
HX7 8DG

There is increasing interest in using dialoguing skills to help people who hear voices. This 2-day workshop will look at different ways to use the voice dialogue approach with people who hear voices.

This training is for mental health workers, people who hear voices and their supporters. It’s aimed at people who have attended training on hearing voices approaches and want to learn more about dialoguing.

There are limited places so please only book if you are committed to attending. The event is not for profit but we hope people feel able to contribute towards expenses.

Suggested donations £25

To book and for more info pls email openmindedtraining@gmail.com

Rufus May has facilitated hearing voices groups for 13 years and has worked extensively as a psychologist in the NHS in adult mental health. See [www.rufusmay.com](http://www.rufusmay.com)

Elisabeth Svanholmer hears voices and has been organising and facilitating events and training since 2006. See [www.livinglifegently.live](http://www.livinglifegently.live)